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Trillium Health Resources Wins Innovation Award for Technology

Pinehurst, NC (December 5, 2019). Trillium Health Resources was recognized with the i2i Center's 2019 Innovation Award for Technology for their Safe Schools Healthy Kids NC Program.

SafeSchoolsHealthyKidsNC.org is an online learning platform that brings evidenced-based/evidenced-informed tip sheets, training, and resources to school staff, parents, and students. SafeSchoolsHealthyKidsNC.org was developed as part of the "Training to Increase Schools Safety" grants and is the product of a partnership with Trillium Health Resources and the Center for Safer Schools. Trillium was awarded the grant in October of 2018. In their efforts, they surveyed schools staff in 27 public schools systems and received over 800 responses. They also used those responses to guide training content development. The platform was introduced in April, 2019 and the full site was rolled out in August of 2019.

SafeSchoolsHealthyKidsNC.org provides information important to the overall health and wellbeing of today's students such as Suicide Prevention, Supporting Children and Youth Who have Been Bullied, and Signs of Substance Abuse. Training modules include quizzes and certificates of completion. The training language and format is user-friendly so participants are able to understand and gain important information. Trainings are self-paced and can be accessed when it is convenient for the participant. Recognizing that teachers and school staff do not have a lot of free time, one goal was to make this program easy and quick to use as demonstrated by a simple registration process.

SafeSchoolsHealthyKidsNC.org also includes free access to the evidenced-based training and practice guide Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems (MATCH-ADTC), which could be beneficial to counselors and school mental health staff. Users can also navigate to the training Counseling on Access to Lethal Means (CALM) and connect directly to the Trevor Project. There is also a clearinghouse full of resources related to topics such as advocacy, LGBTQ, physical health, and IEPs.

Mary Hooper, i2i's Executive Director believes the website is an ideal way to provide access while respecting privacy for those seeking help. "We know that one of the most effective ways to reach children today is through technology. Trillium's Safe Schools Healthy Kids site provides resources and tools for students, parents and teachers to be more effective and proactive in caring for the mental health needs of students."

About i2i Center for Integrative Health

The mission of the i2i Center is to foster collaborative and evidence-based initiatives for improving the quality and efficacy of the behavioral health, intellectual and developmental disabilities, and substance use care and support services systems within a comprehensive system of whole person care. The i2i Center accomplishes its mission by convening stakeholders, strategizing solutions, and activating change.