

NC Department of Public Instruction

School Mental Health Activities

Update to System of Care Coordinators

March 28, 2019

Raleigh, NC

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WSCC Model

WHOLE SCHOOL, WHOLE COMMUNITY, WHOLE CHILD
A collaborative approach to learning and health

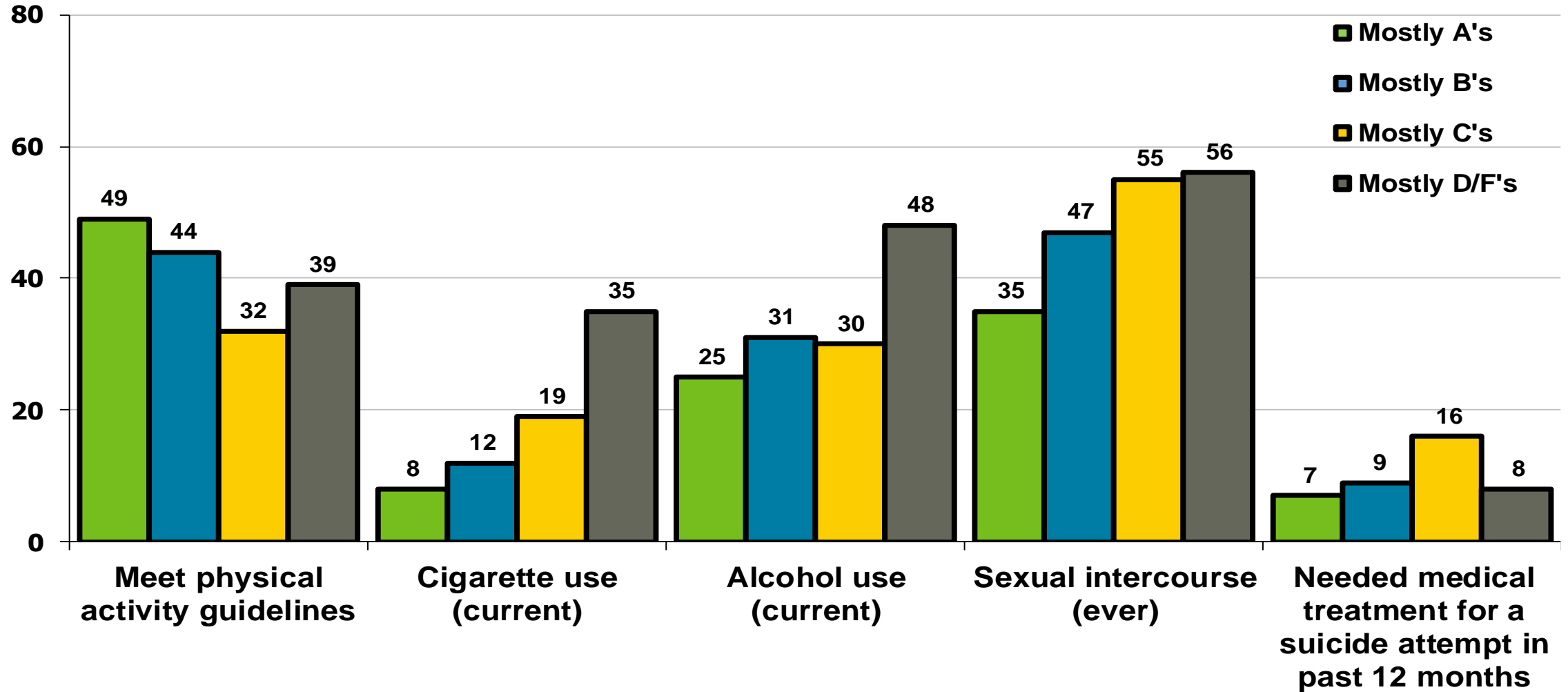


Why Schools?

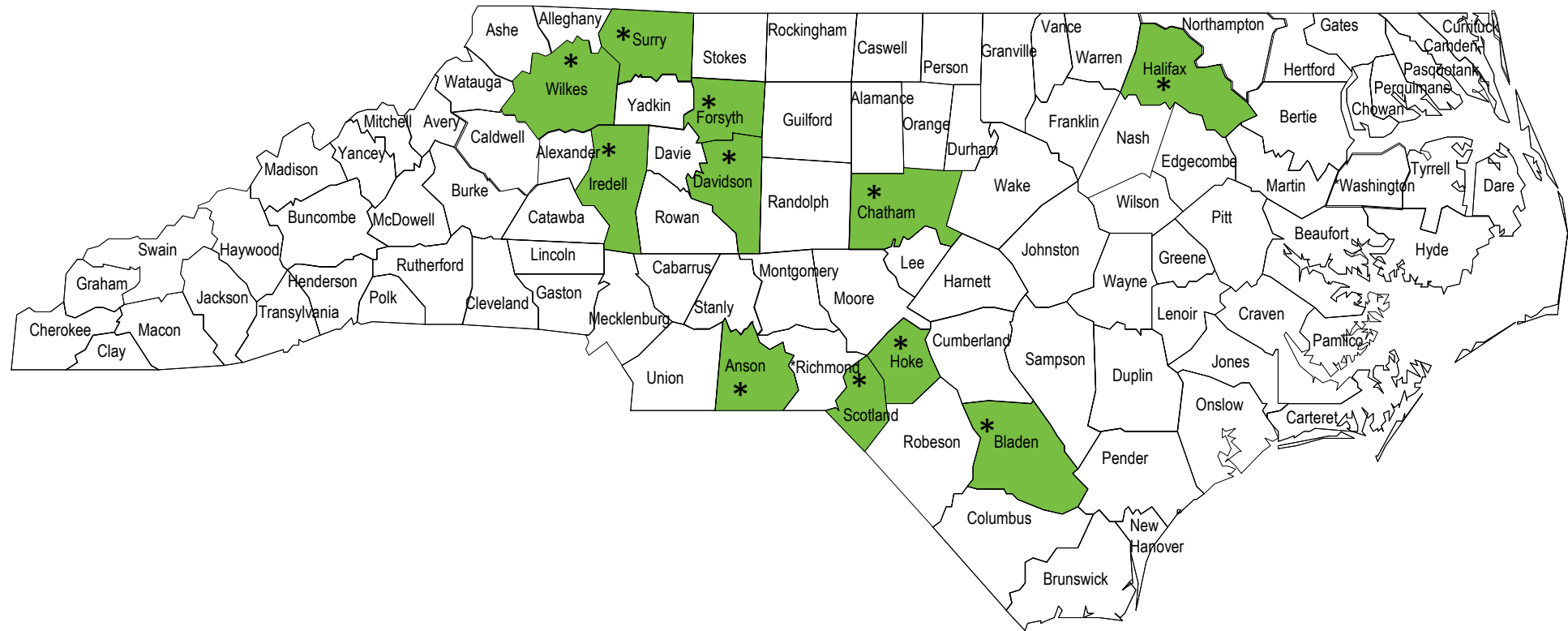
- 73 literature reviews supporting the association between health behaviors and academic achievement
- Over 100 studies showing school health programs positively impact health behaviors, health outcomes, and academic achievement



Health and Academics 2015 HS



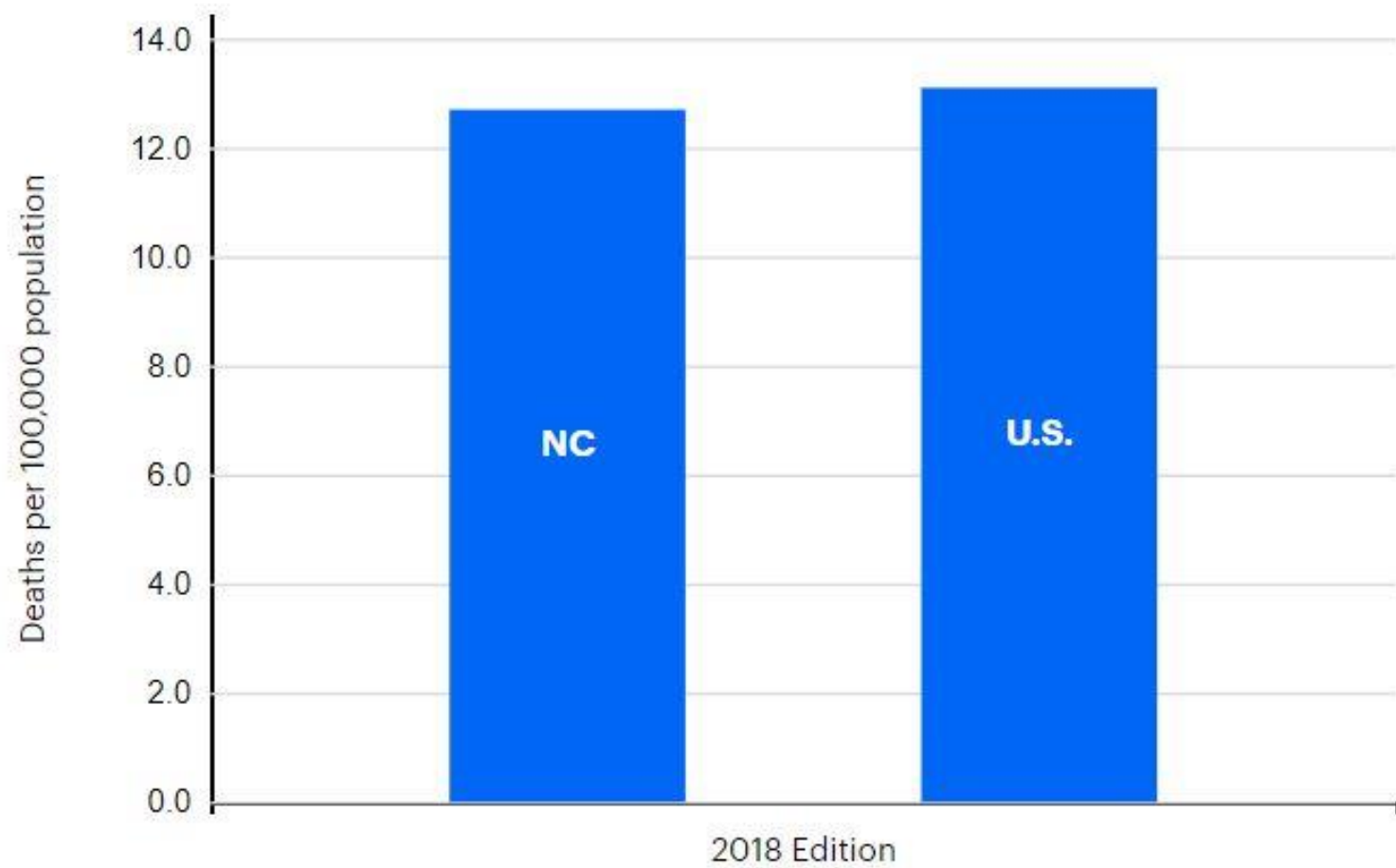
NC WSCC Pilot Districts



Note: Thomasville City Schools is LEA for WSCC Pilots, not all of Davidson.



Trend: Suicide - Aged 15-24, North Carolina, United States



**Counseling,
Psychological &
Social Services**



**Percentage of High School Students That Seriously
Considered Attempting Suicide During Past 12 Months**

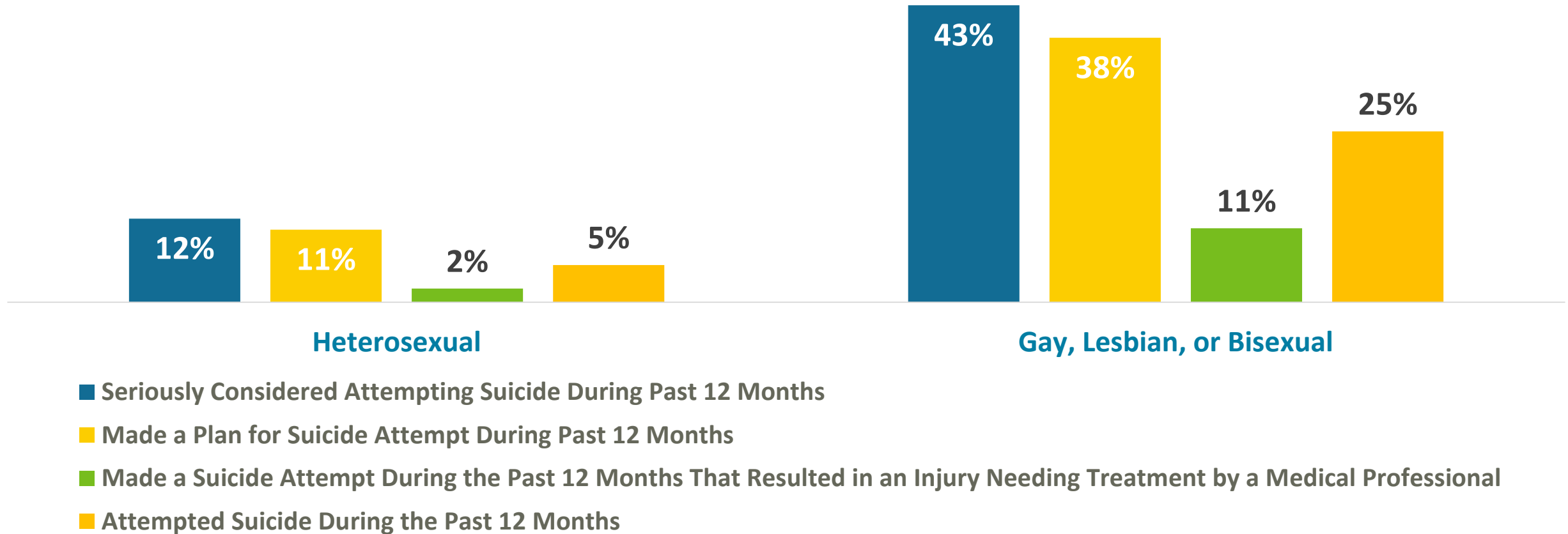
2007

13%

2017

16%

Suicidal Behaviors 2017 NC High School Students





Social & Emotional Climate

Percentage of High School Students Who Strongly Agree or Agree That Their Teachers Really Care About Them and Give Them a Lot of Encouragement

55%

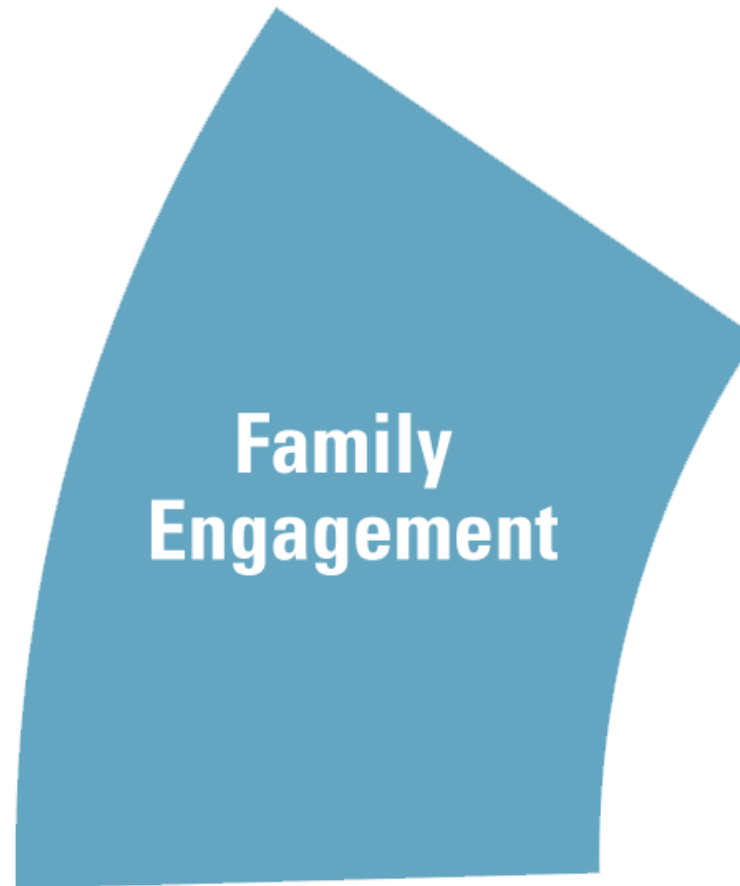


Social & Emotional Climate

Percentage of High School Students Who Strongly
Agree or Agree That They Feel Good About Themselves

2007
75%

2017
68%



Percentage of schools that provided parents and families with information on preventing student bullying and cyber-bullying

High Schools **51%**

Middle Schools **68%**



Allow use of school facilities by community members: 84%

Allow use of community facilities for school-sponsored activities: 69%

Changes to our approach with SHACs

Before

8 areas represented



After

10 areas represented

Members are school
champions or assigned by
Superintendent



Intentional selection of
community representatives
and decision makers

Resources provided for
activities



Professional development
for making data-driven
decisions

Contact Information



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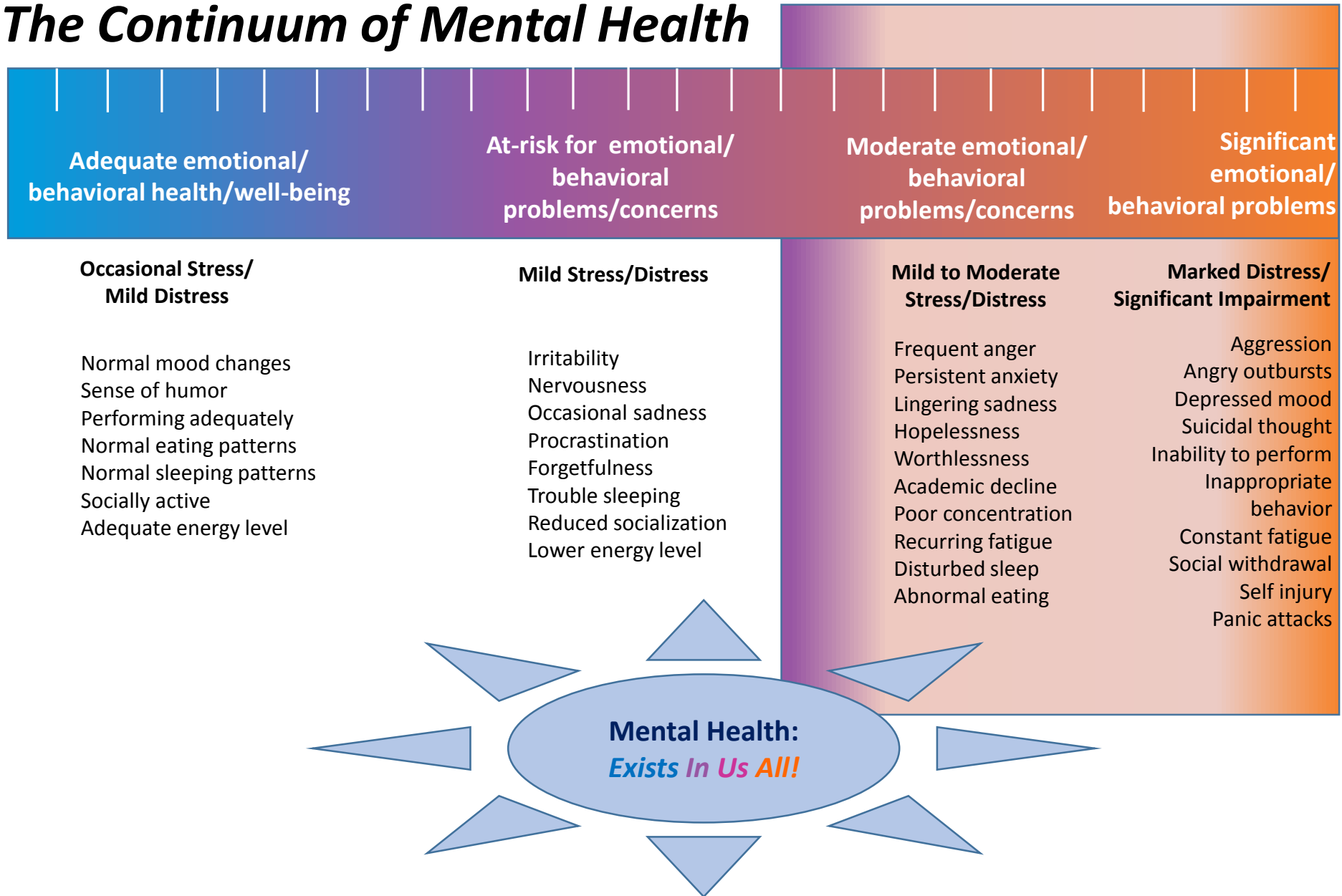
NC SMHI Updates



<http://bit.ly/NCSMHIWebsite>

NC's Focus -

The Continuum of Mental Health



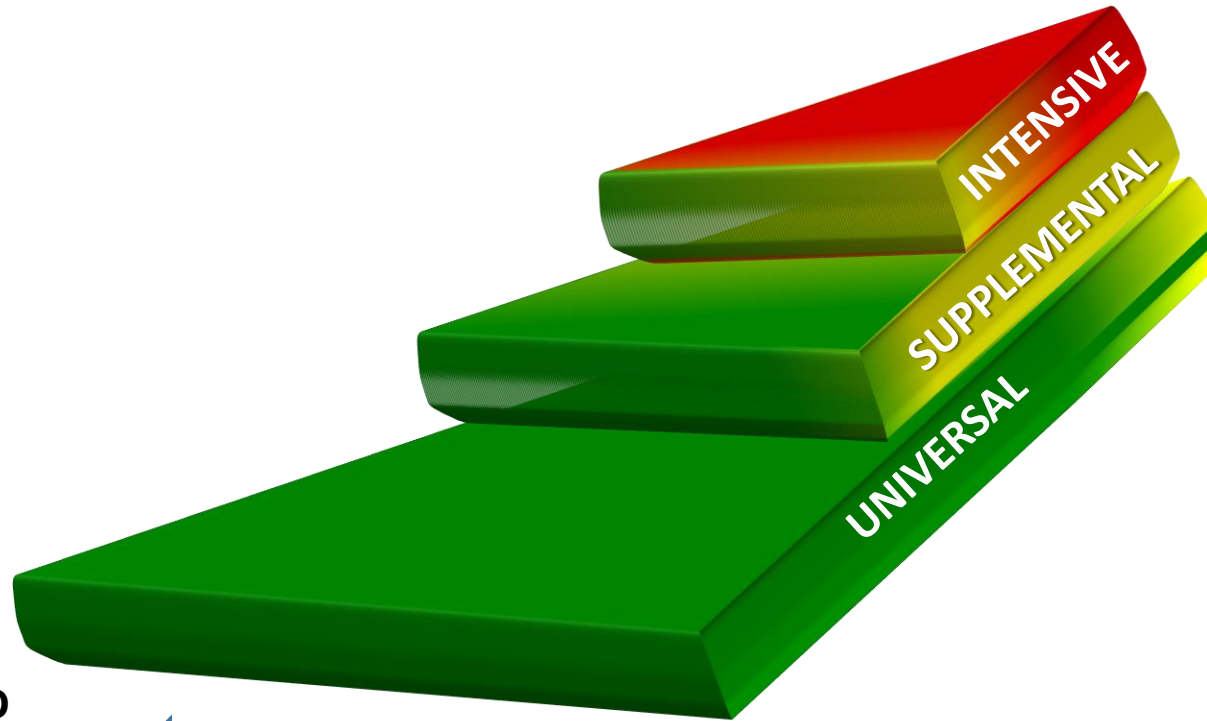
NC's Focus:

Matching Instruction and Intervention to Targeted Student Needs

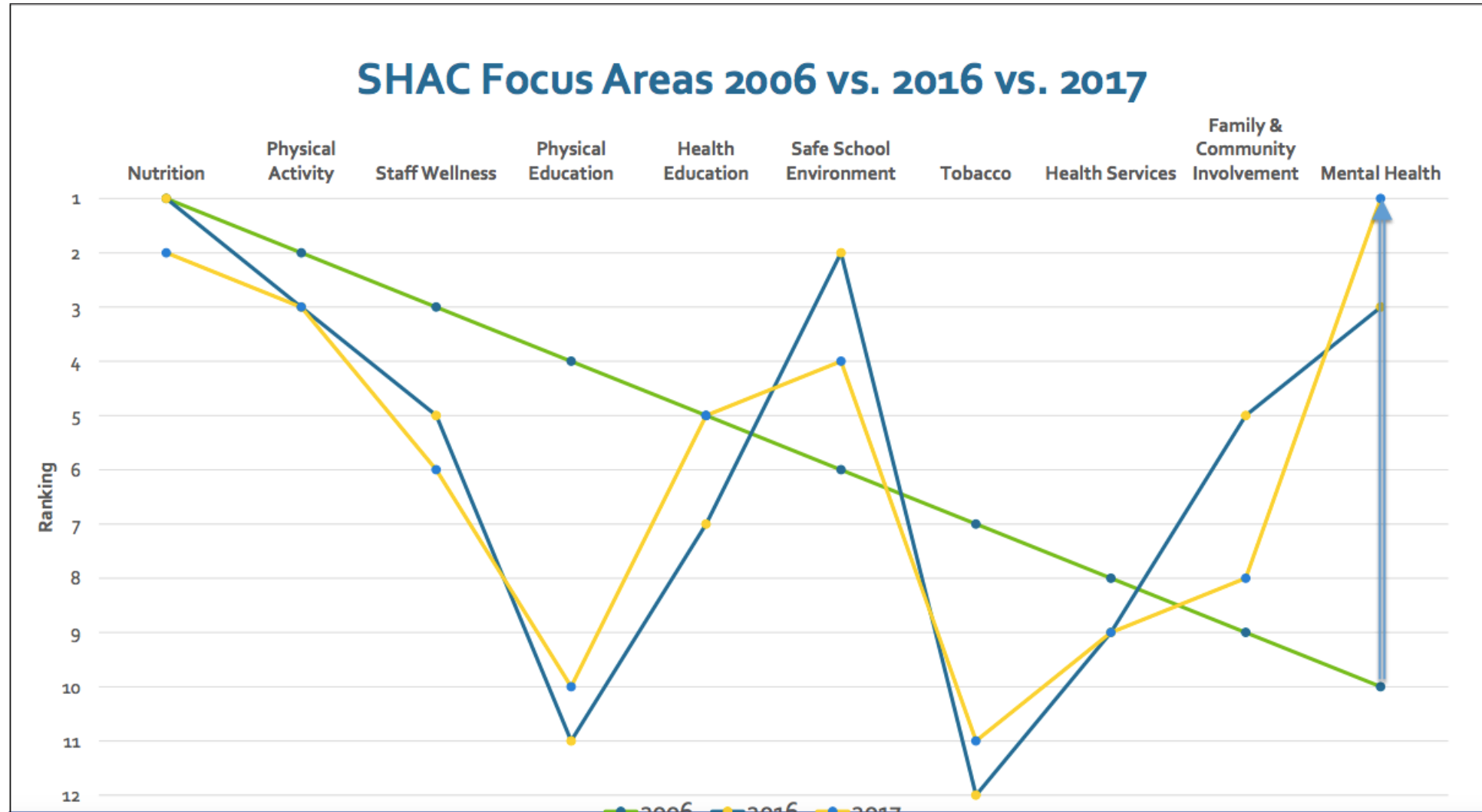
COMMUNITY-BASED



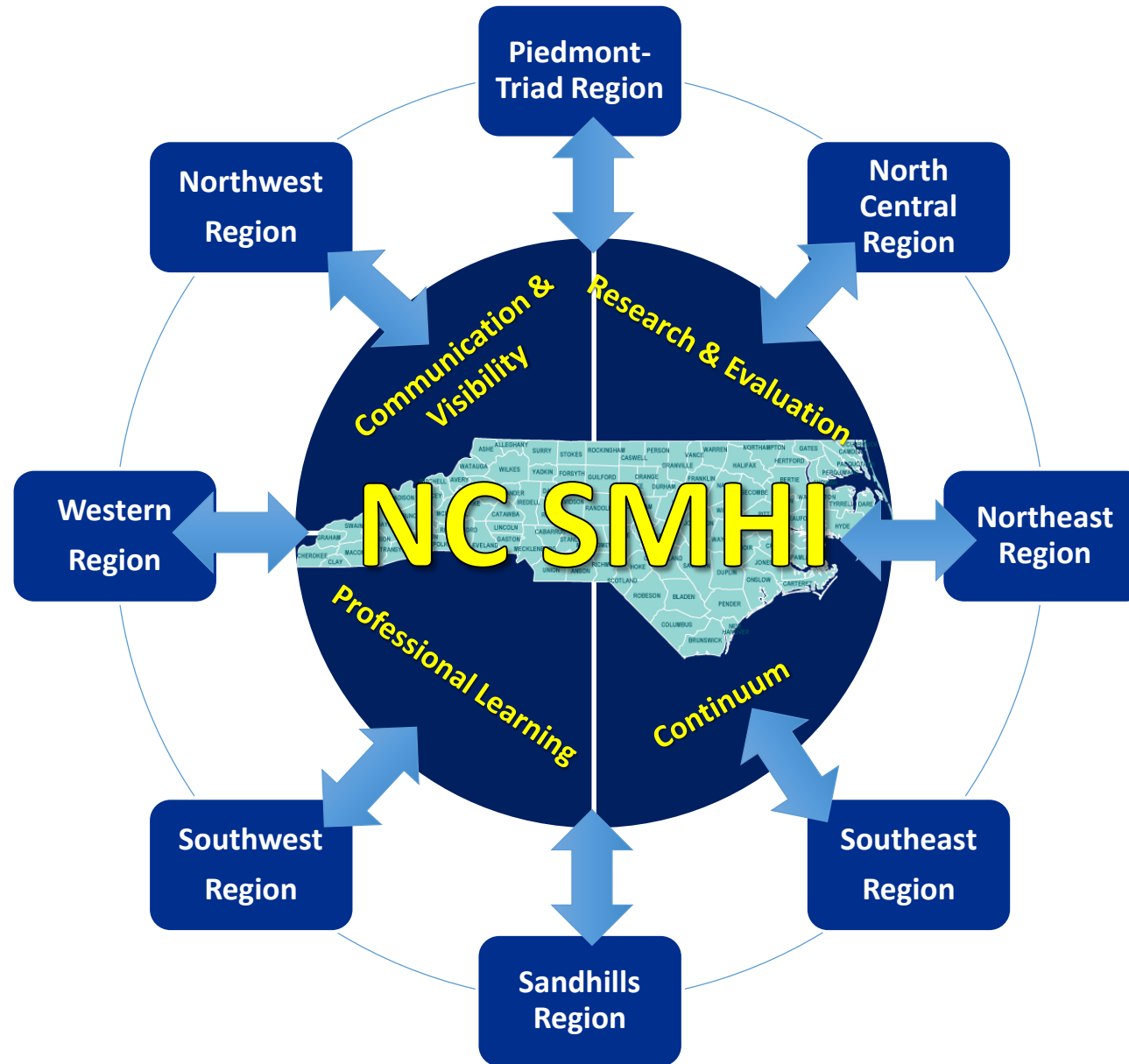
SCHOOL-BASED



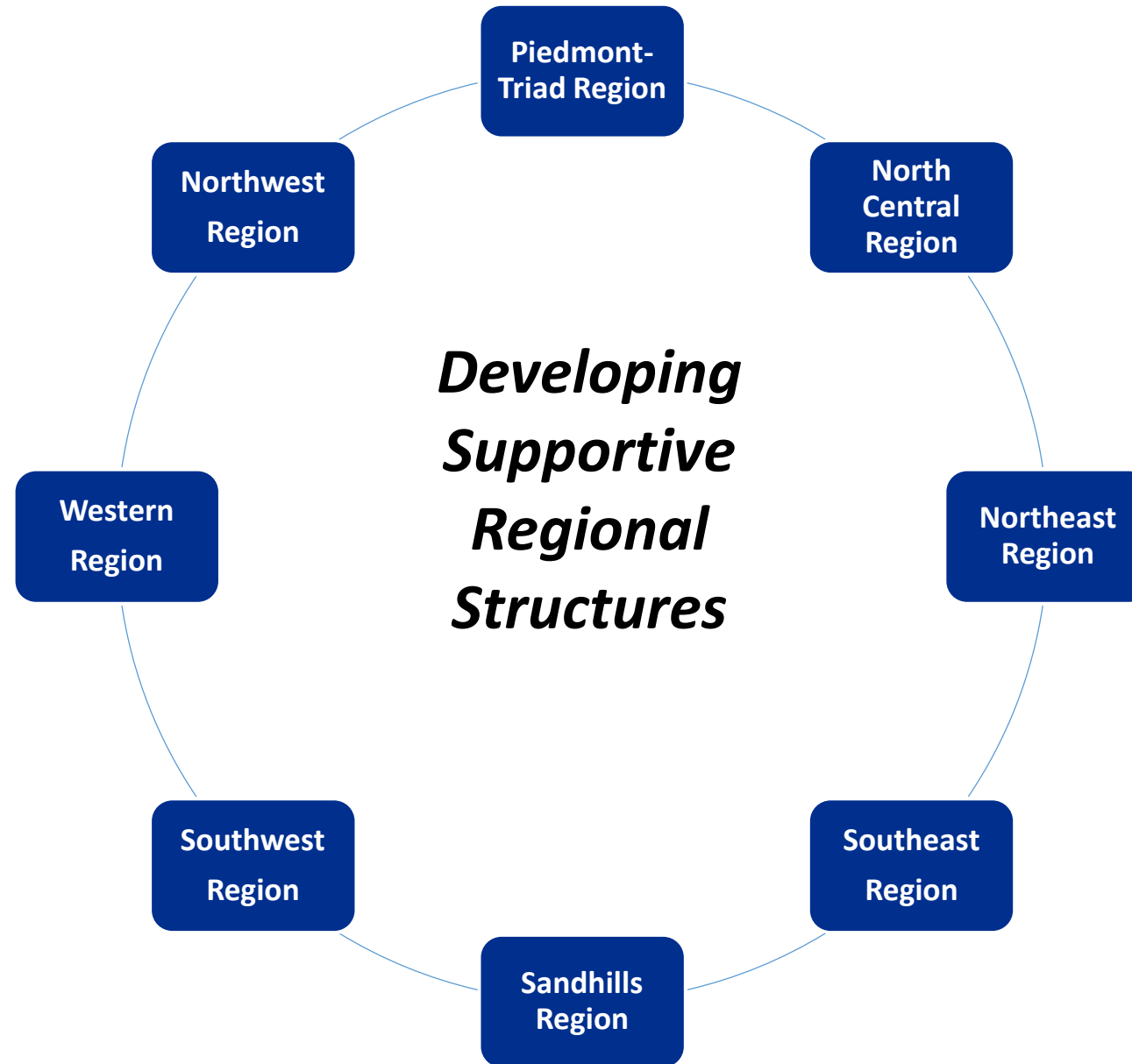
School Health Advisory Councils: Focus Area Trends Over Time



NC SMHI Statewide Support



NC SMHI's Current Focus



Regional Network Contacts

REGION	COORDINATOR(S)	EMAIL ADDRESS
Western	Phyllis Robertson (WCU) David Thompson (Buncombe Co.)	probertson@email.wcu.edu david.thompson@bcsemail.org
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Southwest	Darrell Gregory (JJ Advisory Board) Jeanne Patterson (MCO)	dar.1016gregory@gmail.com jpatterson@partnersbhm.org
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Southeast	Elizabeth Atkins Amy Horgan (System of Care; Trillium)	elizabethpatkins13@gmail.com Amy.Horgan@trilliumnc.org

NC Project ACTIVATE



Project AWARE grants designed to help state and local education agencies:

- Increase awareness of mental health issues among school-age youth
- Train educators and other youth-serving adults to detect and respond to mental health issues
- Connect children, youth, and families who may experience behavioral health issues with appropriate services

Primary Grant-Related Activities

- Increase knowledge and effective practice of all school staff in recognizing and responding to student mental health needs
- Implement universal prevention activities within a Multi-Tiered System of Support
- Increase the number of at-risk students receiving supplemental mental health and substance use supports within a Multi-Tiered System of Support
- Improve coordination and sustainability of mental health supports and services through increased family and community agency engagement

NC ACTIVATE:

Metrics Described in NC's Grant Application

- **Implementation:**

- Facilitated Assessment of MTSS- School
- SHAPE System

- **Outcomes:**

- Behavioral and psychological indices of school engagement
- School disciplinary events
- Drop out rate
- Attempted suicide rate
- Substance use

Site Selection

Readiness =

Motivation x General Capacity x Intervention
Specific Capacity

(Scaccia, et. al, 2015)

Systematic Selection Process

- Selection criteria to participate described in the NC AWARE-SEA application (page 1):
- **Readiness and Willingness**
 - SHAPE system pilot LEAs (17 LEAs – 8 LEAs submitted data)
 - Size and diversity of the student population matching the state profile (90 of the 115 traditional NC LEAs have fewer than 15,000 students)
 - Epidemiological evidence of need related to grant outcomes
 - Geographical distribution

Selected Sites

- Cleveland County
- Rockingham County
- Beaufort County

Medicaid Cost Recovery for School Mental Health Services

Covered Plans/Services/Providers

- Covered plan types:
 - Individual Education Programs (IEP)
 - 504 plans
 - Individual Healthcare Plans (IHP)
 - Behavior Intervention Plans (BIP)
- Covered services:
 - Physical Therapy
 - Occupational Therapy
 - Speech-Language Therapy
 - Audiology
 - Nursing
 - Psychological and Counseling Services

Covered Mental Health Providers

- Psychological associate or practicing Psychologist licensed by the North Carolina State Board of Examiners of Practicing Psychologists
- Professional Counselor licensed by the North Carolina Board of Licensed Professional Counselors
- School psychologist licensed by the NC Department of Public Instruction
- Licensed Clinical Social Workers
- Registered Nurses
- Occupational Therapists

Contact Information

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