

Plowing New Ground in Whole-Person Integrated Care

Paolo del Vecchio, M.S.W.

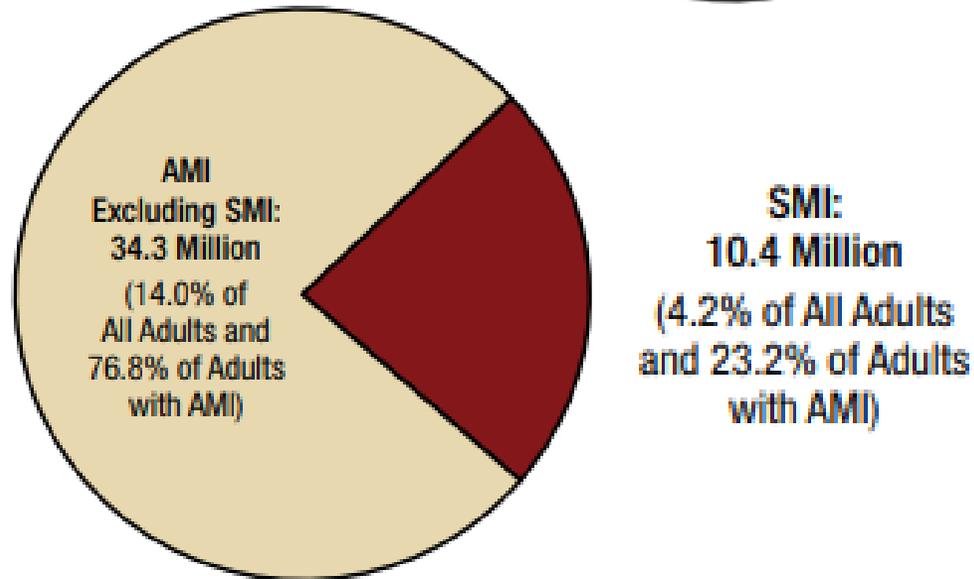
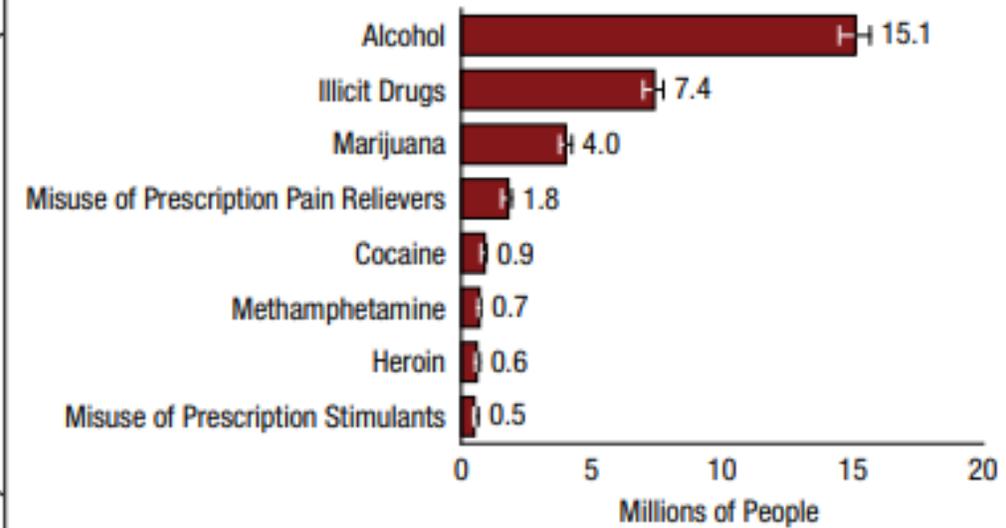
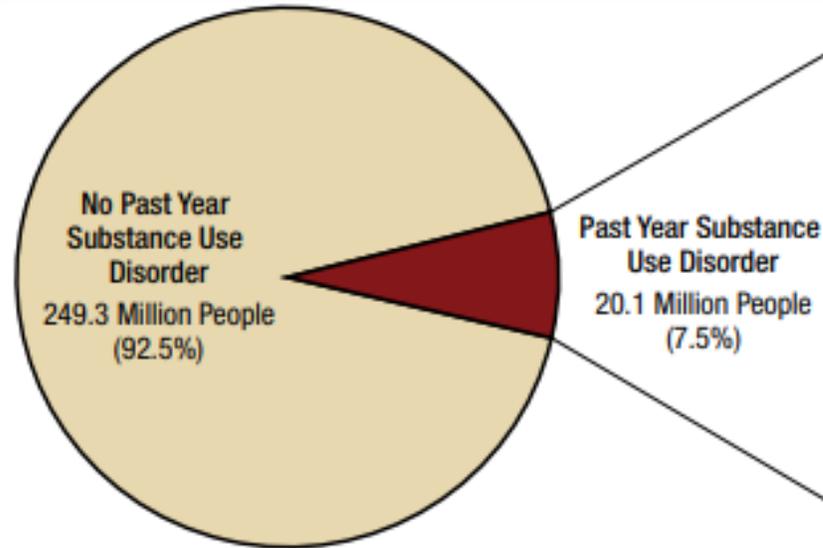
Director, Center for Mental Health Services
Substance Abuse and Mental Health Services Administration
U.S. Department of Health and Human Services

i2i Spring Conference
Raleigh, NC
June 11, 2018



SAMHSA
Substance Abuse and Mental Health
Services Administration

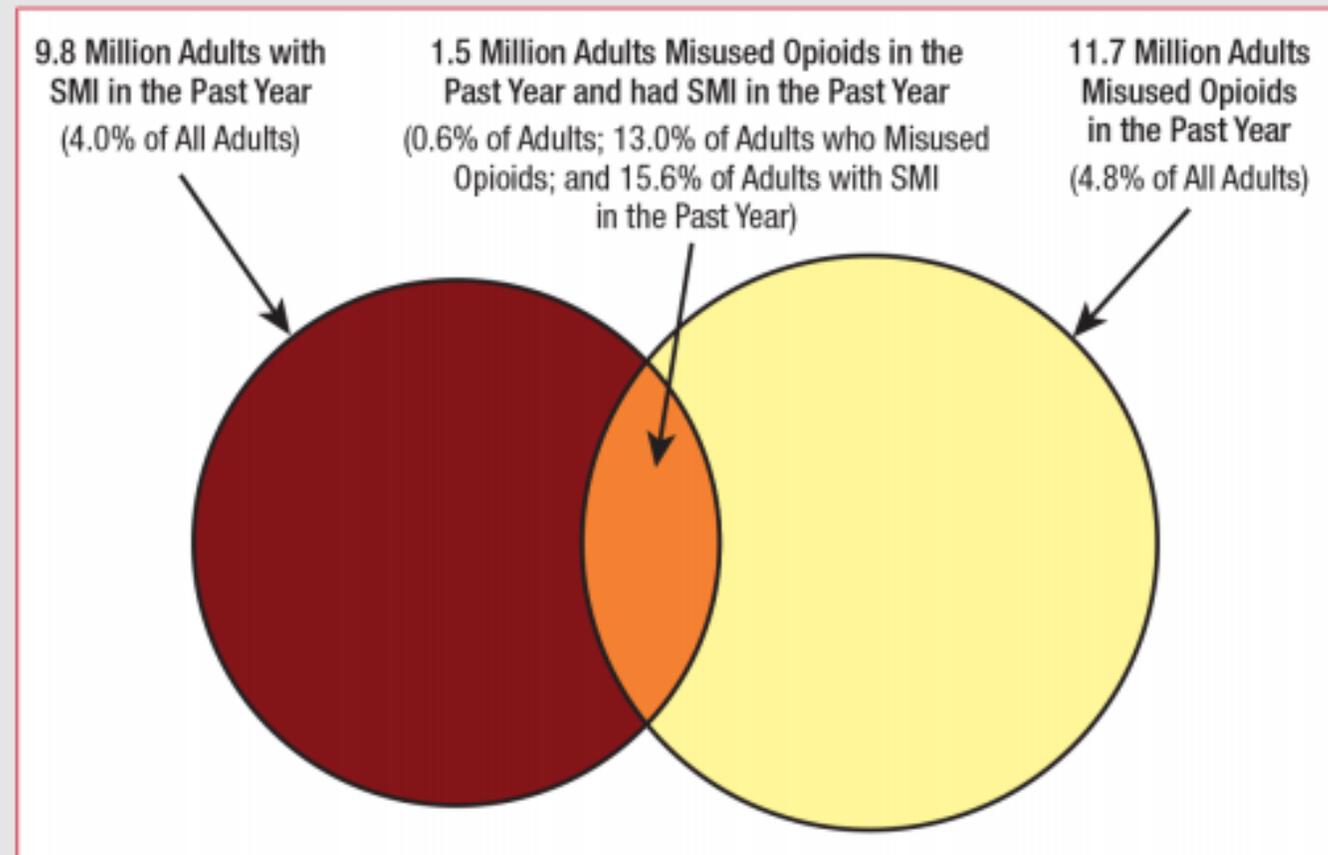
National Survey on Drug Use and Health



44.7 Million Adults with AMI in the Past Year (18.3% of All Adults)

SMI and Opioid Misuse

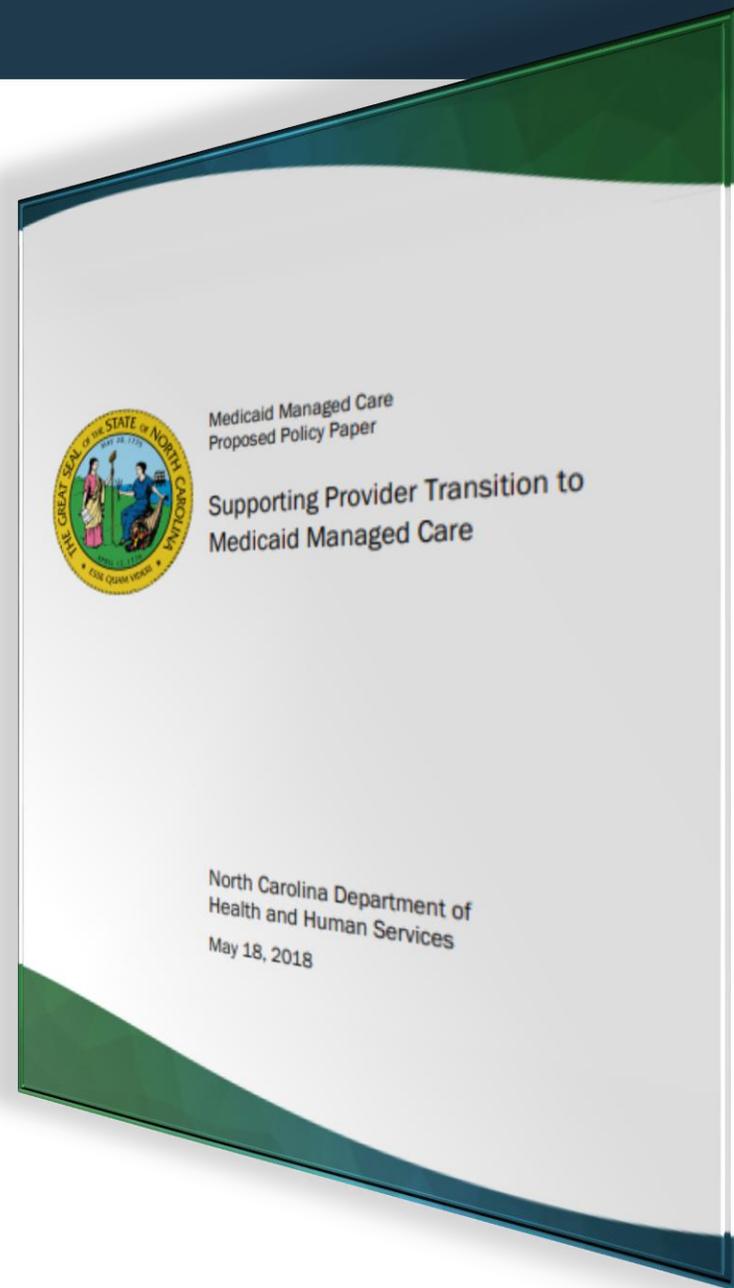
Opioid Misuse and Serious Mental Illness in the Past Year Among Adults Aged 18 and Older: 2015 NSDUH



Medicaid Transformation

“Change is the law of life. Those who look only to the past or present are certain to miss the future.”

--John F. Kennedy



A Whole-Person Approach

- Health Care Integration
- Housing Stability
- Economic Security
- Social Inclusion



Health Care Integration

- Equal access to care
- Metabolic syndrome
- Tobacco cessation
- Managing weight
- Preventative screening
- Integrated SUD services
- Integrated IDD services



Certified Community Behavioral Health Clinics

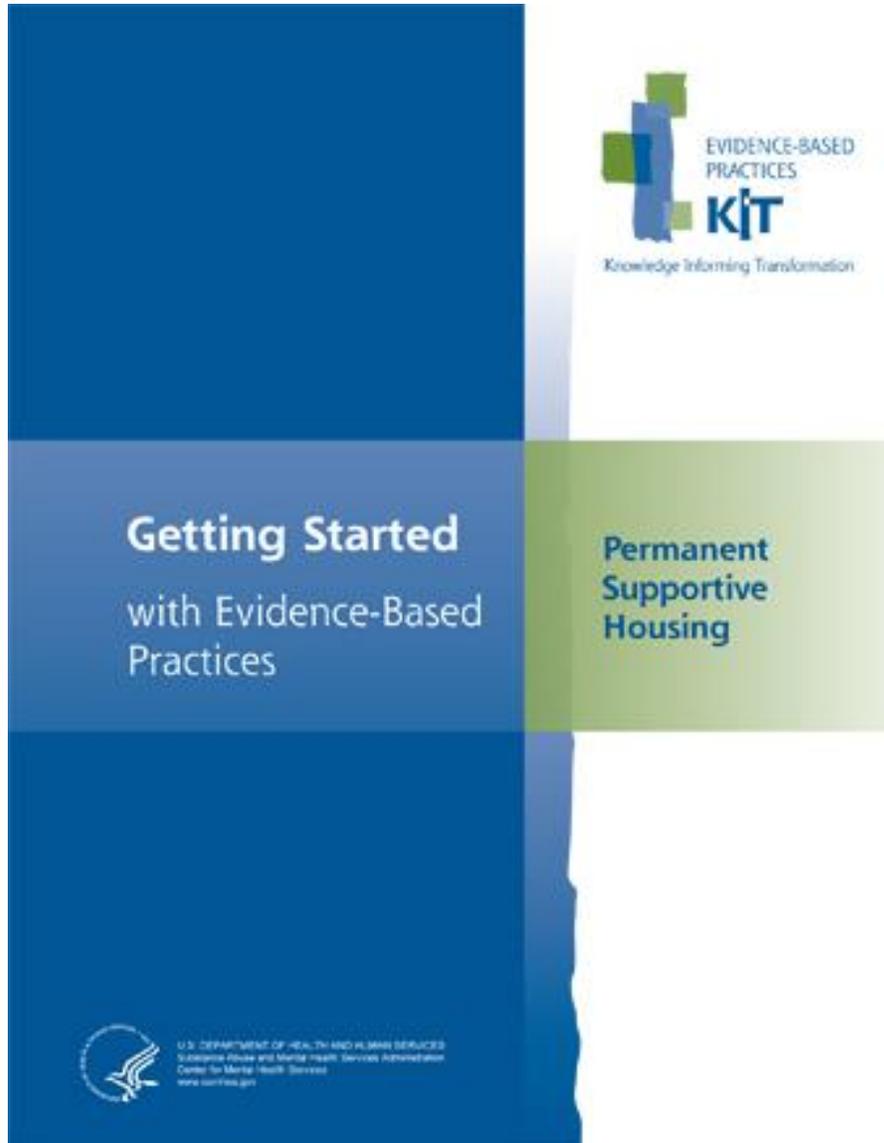
CCBHC

Section 223 Demonstration Program
for Certified Community Behavioral
Health Clinics



- Providing community-based mental and substance use disorder services
- Advancing integration of behavioral health with physical health care
- Assimilating and utilizing evidence-based practices on a more consistent basis
- Promoting improved access to high quality care

Social Determinant: Housing Stability



“PSH provides an ideal service platform for reducing health disparities because it represents a critical point of services for many people with SMI and chronic medical conditions, helps bring existing health care and health promotion interventions closer into the community, and fits within a mission to improve wellness and recovery among this population.”

Henwood, B. F., Cabassa, L. J., Craig, C. M., & Padgett, D. K. (2013). Permanent Supportive Housing: Addressing Homelessness and Health Disparities? *American Journal of Public Health*, 103(Suppl 2), S188–S192.
<http://doi.org/10.2105/AJPH.2013.301490>

Social Determinant: Economic Security

**My disability
is one part of
who I am.**

At work, it's what people
can do that matters.

**National Disability Employment
Awareness Month —
Celebrating 70 Years!**



OFFICE OF DISABILITY EMPLOYMENT POLICY
UNITED STATES DEPARTMENT OF LABOR
dol.gov/odep



Social Determinant: Social Inclusion

Emerging research shows that peer support is effective for supporting recovery from behavioral health conditions. Benefits of peer support may include:



Increased self-esteem and confidence
(Davidson, et al., 1999; Salzer, 2002)



Increased sense of control and ability to bring about changes in their lives
(Davidson, et al., 2012)



Raised empowerment scores
(Davidson, et al., 1999; Dumont & Jones, 2002; Ochocka, Nelson, Janzen, & Trainor, 2006; Resnick & Rosenheck, 2008)



Increased sense that treatment is responsive and inclusive of needs
(Davidson, et al., 2012)



Increased sense of hope and inspiration
(Davidson, et al., 2006; Ratzlaff, McDiarmid, Marty, & Rapp, 2006)



Increased empathy and acceptance (camaraderie)
(Coatsworth-Puspokey, Forchuk, & Ward-Griffin, 2006; Davidson, et al., 1999)



Decreased psychotic symptoms
(Davidson, et al., 2012)



Increased engagement in self-care and wellness
(Davidson, et al., 2012)



Reduced hospital admission rates and longer community tenure
(Chinman, Weingarten, Stayner, & Davidson, 2001; Davidson, et al., 2012; Forchuk, Martin, Chan, & Jenson, 2005; Min, Whitecraft, Rothbard, Salzer, 2007)



Increased social support and social functioning
(Kurtz, 1990; Nelson, Ochocka, Janzen, & Trainor, 2006; Ochocka et al., 2006; Trainor, Shepherd, Boydell, Leff, & Crawford, 1997; Yanos, Primavera, & Knight, 2001)



Decreased substance use and depression
(Davidson, et al., 2012)

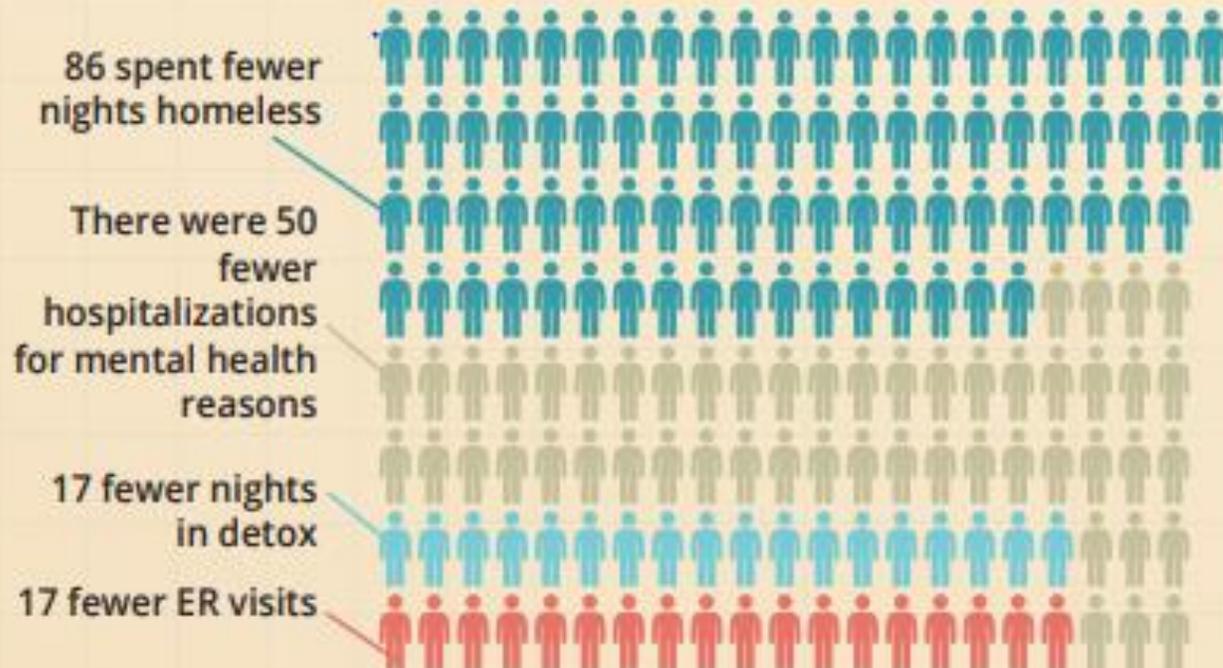
Whole Health Action Management

“The primary goal of this training and participant guide is to teach skills to better self-manage chronic physical health conditions, and mental illnesses and addictions to achieve whole health.”



SAMHSA/HRSA Center for Integrated Health Solutions

One integration program* enrolled 170 people with mental illness. After one year in the program, in one month:



This is **\$213,000** of savings per month.

That's **\$2,500,000** in savings over the year.

**Integration works.
It improves lives.
It saves lives.
And it reduces healthcare costs.**

CIHS Innovation Communities Program

2018 TOPICS

- Building Integration in Pediatric Care Settings
- Implementing Pain Management Guidelines in Integrated Care Settings
- Implementing Team Based Care
- Preparing for Value-Based Payment in Behavioral Health and Primary Care
- Adopting Trauma-Informed Approaches in Health Care Settings



BHBusiness Plus

<https://www.samhsa.gov/health-financing/bhbusiness-plus-project>



Are you ready to **TRANSFORM**
your organization's business operations
and **TAKE ADVANTAGE** of the new
healthcare marketplace?

BHbusiness
PLUS
Where Business Change Happens

21st Century Cures Act

An Unprecedented
Federal
Commitment
to Those
We Serve



Interdepartmental SMI Coordinating Committee (ISMICC)

Center for Medicare and Medicaid Services
Department of Housing and Urban Development
Department of Labor
Families
Private Sector Partners

Communities

Department of Defense Department of Education

SAMHSA

Attorney General

Health and Human Services

Veterans Affairs

Social Security Administration

States

New and Expanded Initiatives (FY 2018)

- MHBG (+\$305.9 M)
- 10% MHBG set aside for FEP
- Youth and Children (+\$41 M)
- CCBHCs (+\$100 M)
- ACT: (+\$5 M)



Opportunities for Success

- Assertive Community Treatment (ACT)
- Community Support Team (CST)
- Critical Time Intervention (CTI)
- Integrated Dual Disorder Treatment (IDDT)
- Transition Management Services (TMS)
- Behavioral Health Urgent Care
- Crisis Solutions NC
- Crisis Intervention Teams (CITs)

Cultivating Integrated Care



For More Information

SAMHSA

5600 Fishers Lane • Rockville, MD • 20852

Phone: 1-877-SAMHSA-7 (1-877-726-4727)

TTY: 1-800-487-4889

Fax: 240-221-4292

<http://www.samhsa.gov>

CMHS

Phone: 240-276-1310

Fax: 240-276-1320