

# Plowing New Ground in Whole-Person Integrated Care

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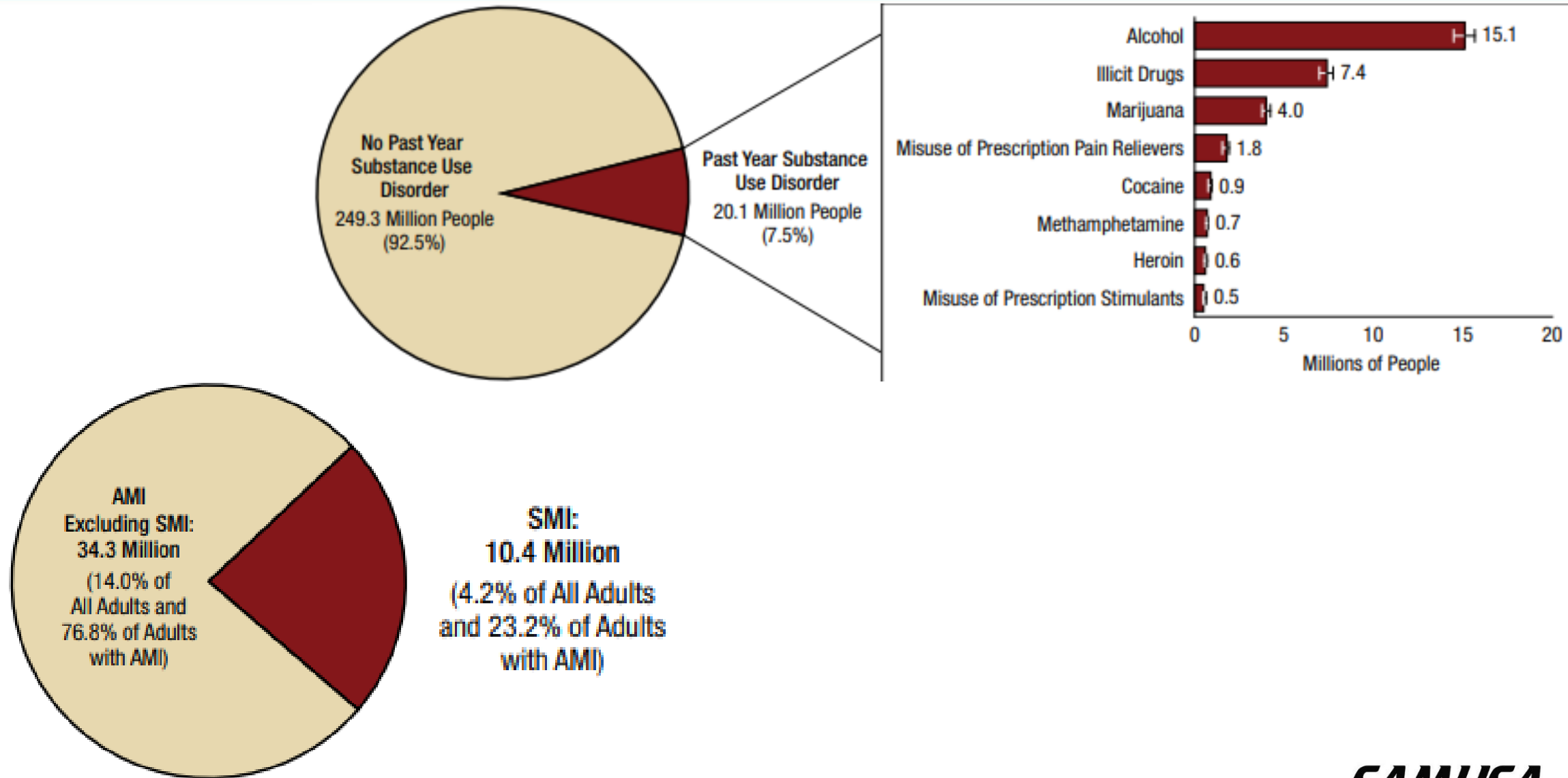
Director, Center for Mental Health Services

Substance Abuse and Mental Health Services Administration

U.S. Department of Health and Human Services



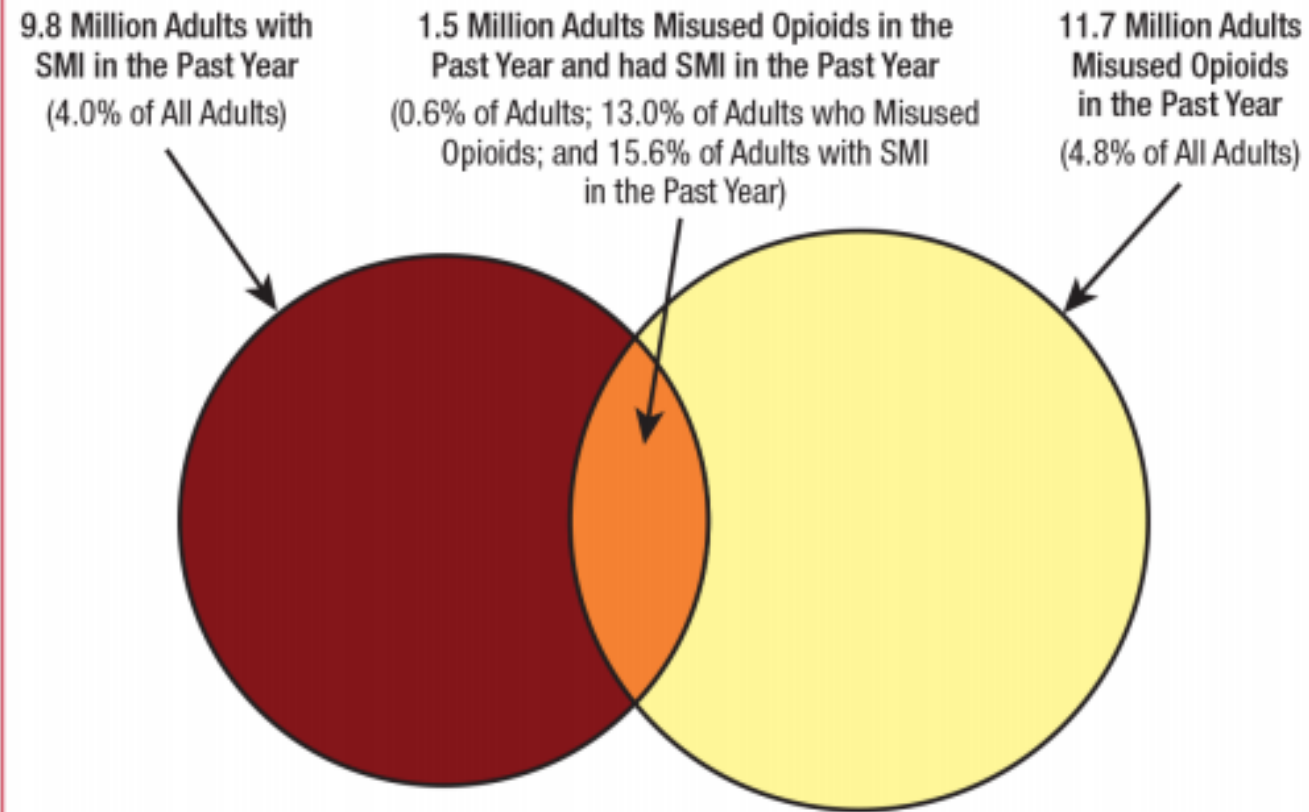
# National Survey on Drug Use and Health



44.7 Million Adults with AMI in the Past Year (18.3% of All Adults)

# SMI and Opioid Misuse

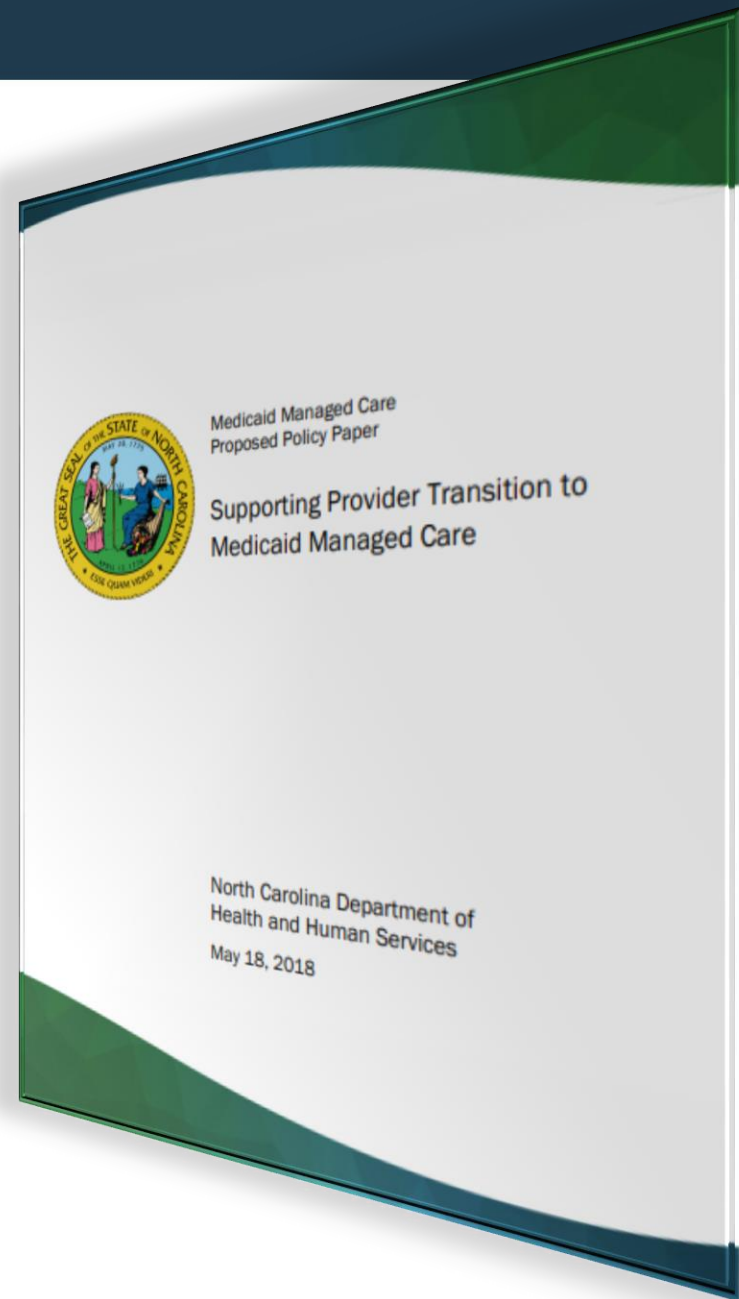
## Opioid Misuse and Serious Mental Illness in the Past Year Among Adults Aged 18 and Older: 2015 NSDUH



# Medicaid Transformation

“Change is the law of life. Those who look only to the past or present are certain to miss the future.”

*--John F. Kennedy*



# A Whole-Person Approach

- Health Care Integration
- Housing Stability
- Economic Security
- Social Inclusion



# Health Care Integration

- Equal access to care
- Metabolic syndrome
- Tobacco cessation
- Managing weight
- Preventative screening
- Integrated SUD services
- Integrated IDD services





# Certified Community Behavioral Health Clinics

## CCBHC

Section 223 Demonstration Program  
for Certified Community Behavioral  
Health Clinics



- Providing community-based mental and substance use disorder services
- Advancing integration of behavioral health with physical health care
- Assimilating and utilizing evidence-based practices on a more consistent basis
- Promoting improved access to high quality care

# Social Determinant: Housing Stability



“PSH provides an ideal service platform for reducing health disparities because it represents a critical point of services for many people with SMI and chronic medical conditions, helps bring existing health care and health promotion interventions closer into the community, and fits within a mission to improve wellness and recovery among this population.”

Henwood, B. F., Cabassa, L. J., Craig, C. M., & Padgett, D. K. (2013). Permanent Supportive Housing: Addressing Homelessness and Health Disparities? *American Journal of Public Health*, 103(Suppl 2), S188–S192.  
<http://doi.org/10.2105/AJPH.2013.301490>



# Social Determinant: Economic Security

**My disability**  
is **one part** of  
who **I am**.

At work, it's what people  
can do that matters.

**National Disability Employment  
Awareness Month —**  
*Celebrating 70 Years!*



OFFICE OF DISABILITY EMPLOYMENT POLICY  
UNITED STATES DEPARTMENT OF LABOR  
[dol.gov/odep](http://dol.gov/odep)



# Social Determinant: Social Inclusion

Emerging research shows that peer support is effective for supporting recovery from behavioral health conditions. **Benefits of peer support may include:**



**Increased self-esteem and confidence**  
(Davidson, et al., 1999; Salzer, 2002)



**Increased sense of control and ability to bring about changes in their lives**  
(Davidson, et al., 2012)



**Raised empowerment scores**  
(Davidson, et al., 1999; Dumont & Jones, 2002; Ochocka, Nelson, Janzen, & Trainor, 2006; Resnick & Rosenheck, 2008)



**Increased sense that treatment is responsive and inclusive of needs**  
(Davidson, et al., 2012)



**Increased sense of hope and inspiration**  
(Davidson, et al., 2006; Ratzlaff, McDiarmid, Marty, & Rapp, 2006)



**Increased empathy and acceptance (camaraderie)**  
(Coatsworth-Puspokey, Forchuk, & Ward-Griffin, 2006; Davidson, et al., 1999)



**Decreased psychotic symptoms**  
(Davidson, et al., 2012)



**Increased engagement in self-care and wellness**  
(Davidson, et al., 2012)



**Reduced hospital admission rates and longer community tenure**  
(Chinman, Weingarten, Stayner, & Davidson, 2001; Davidson, et al., 2012; Forchuk, Martin, Chan, & Jenson, 2005; Min, Whitecraft, Rothbard, Salzer, 2007)



**Increased social support and social functioning**  
(Kurtz, 1990; Nelson, Ochocka, Janzen, & Trainor, 2006; Ochocka et al., 2006; Trainor, Shepherd, Boydell, Leff, & Crawford, 1997; Yanos, Primavera, & Knight, 2001)



**Decreased substance use and depression**  
(Davidson, et al., 2012)

# Whole Health Action Management

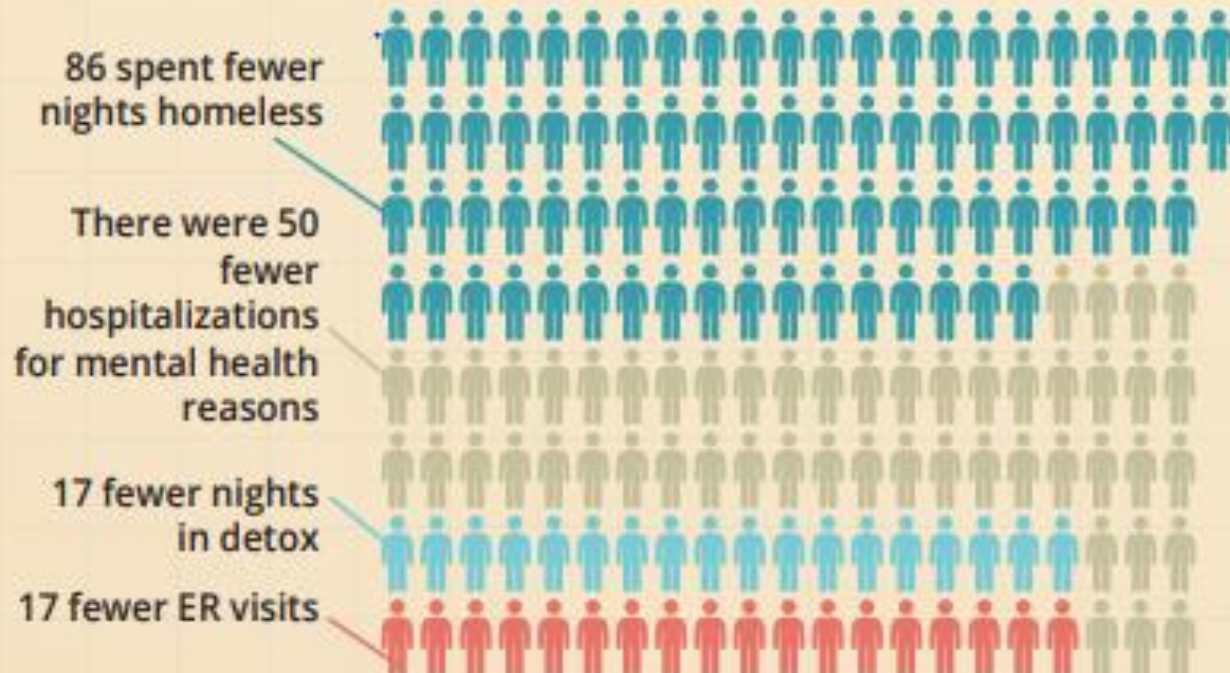
“The primary goal of this training and participant guide is to teach skills to better self-manage chronic physical health conditions, and mental illnesses and addictions to achieve whole health.”





# SAMHSA/HRSA Center for Integrated Health Solutions

One integration program\* enrolled 170 people with mental illness. After one year in the program, in one month:



This is **\$213,000**  
of savings per month.

That's **\$2,500,000**  
in savings over the year.

**Integration works.  
It improves lives.  
It saves lives.  
And it reduces healthcare costs.**

# CIHS Innovation Communities Program

## 2018 TOPICS

- Building Integration in Pediatric Care Settings
- Implementing Pain Management Guidelines in Integrated Care Settings
- Implementing Team Based Care
- Preparing for Value-Based Payment in Behavioral Health and Primary Care
- Adopting Trauma-Informed Approaches in Health Care Settings



# BHBusiness Plus

<https://www.samhsa.gov/health-financing/bhbusiness-plus-project>



Are you ready to **TRANSFORM**  
your organization's business operations  
and **TAKE ADVANTAGE** of the new  
healthcare marketplace?

**BHbusiness**  
**PLUS**  
Where Business Change Happens



# 21<sup>st</sup> Century Cures Act

An Unprecedented  
Federal  
Commitment  
to Those  
We Serve



# Interdepartmental SMI Coordinating Committee (ISMICC)

Center for Medicare and Medicaid Services  
Department of Housing and Urban Development  
Department of Labor  
Families  
Private Sector Partners

Communities

Department of Defense      Department of Education

SAMHSA

Attorney General

Health and Human Services

Veterans Affairs

Social Security Administration

States

# New and Expanded Initiatives (FY 2018)

- MHBG (+\$305.9 M)
- 10% MHBG set aside for FEP
- Youth and Children (+\$41 M)
- CCBHCs (+\$100 M)
- ACT: (+\$5 M)



# Opportunities for Success

- Assertive Community Treatment (ACT)
- Community Support Team (CST)
- Critical Time Intervention (CTI)
- Integrated Dual Disorder Treatment (IDDT)
- Transition Management Services (TMS)
- Behavioral Health Urgent Care
- Crisis Solutions NC
- Crisis Intervention Teams (CITs)



# Cultivating Integrated Care



# For More Information

## **SAMHSA**

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Phone: 1-877-SAMHSA-7 (1-877-726-4727)

TTY: 1-800-487-4889

Fax: 240-221-4292

<http://www.samhsa.gov>

## **CMHS**

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